

Please Join
THE ASSOCIATION OF CHILD DEVELOPMENT SPECIALISTS
For a Discussion About
THE TRAUMA RESILIENCY MODEL

Presented by Lisa Cash, LMFT and Alicia Murray, LMFT

Sunday, October 15, 2017
9:30am - 12:00pm
at Vista Del Mar Child & Family

[CLICK HERE](#) TO RSVP

When we experience trauma we are often left in a state of panic, depression, hopelessness, anxiety, or fear. These are natural responses to considerably stressful events that fragment our worldview and security. It can leave us feeling helpless and disempowered.

The Trauma Resiliency Model (“TRM”) is a protocol that utilizes natural body responses to help people heal from traumatic events and daily stressors. Like other somatic therapy methods, TRM recognizes that our bodies, nervous systems and minds are connected and offers specific skills to reduce symptoms of traumatic stress in the nervous system.

Lisa Cash, LMFT, works with individuals, couples, and adolescents. She is trained to integrate multimodal trauma treatments. She employs various treatments such as the Trauma Resiliency Model (TRM), Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Processing Therapy, and Havening to restore you to wholeness in body, mind and spirit.

Alicia Murray, LMFT has a trauma-informed practice working with individuals, couples and children. She is trained in CRM, TRM, EMDR and Havening.

[CLICK HERE](#) TO RSVP

Certificates of Attendance are available for this event and are free for ACDS members and \$5 for non-members. This fee is payable via [PAYPAL](#). (Complete instructions for payment via PAYPAL are below.)

Driving Directions to Vista Del Mar:

Vista Del Mar is located at 3200 Motor Avenue. It is bounded by the 10 (Santa Monica) Freeway and Manning Avenue and close to National Boulevard. It is in the Cheviot Hills area of Century City.

COMING FROM THE EAST:

Take the 10 (Santa Monica) freeway to the National Boulevard off ramp. Proceed straight ahead up Manning Avenue. Turn left on Motor Avenue and go approximately one-half block to the entrance of Vista Del Mar on the east (left) side of Motor.

COMING FROM THE SOUTH OR NORTH:

Take the 405 (San Diego) freeway to the 10 East (Santa Monica) freeway. Exit the first off ramp, which is Overland/National, and turn left onto National and left again where the street makes a left turn. Continue straight one block to Motor and turn left. Go approximately 100 yards to the Vista Del Mar entrance on right (east) side of Motor.

NOTE: WHEN GOING EAST ON NATIONAL TO MOTOR, IT IS ILLEGAL TO TURN LEFT (NORTH) ONTO MOTOR AVENUE DURING THE HOURS OF 7:00 AM – 10:00 AM. Rather, go one block past Motor to Vinton Street, turn right and go one block to Woodbine and turn right. Go one block to Motor and turn right again. Proceed north past National and look for Vista Del Mar entrance on the right (east) side of Motor.

WHEN GOING WEST ON NATIONAL TO MOTOR AVENUE, IT IS ILLEGAL TO TURN RIGHT BETWEEN THE HOURS OF 7:00 AM – 10:00 AM. Rather, where National & Manning Avenues meet – go west onto Manning Avenue to Motor Avenue. Turn left (south) onto Motor Avenue and proceed approximately one-half block to the Vista Del Mar entrance on the left (east) side of Motor & turn left.

ONCE ON CAMPUS:

After you enter and pass the guard booth, you will come to a stop sign. At that stop sign, turn left and continue up that driveway to the end where there will be a parking lot. We will be meeting in the SHUKEN Building.

PAYING BY PAYPAL:

[CLICK HERE](#) to be directed to the ACDS account. When making your payment, please include your full name and email address in the “Add Special Instructions to Seller” box.

OR

1. Login into your PayPal Account at [PayPal.com](https://www.paypal.com)
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